Solution Focused Task Oriented Assessment Guidelines

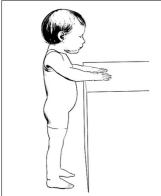
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Standing with support

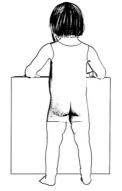
Let the child stand facing a support surface that is about mid-chest height.



The child stands with both hips and knees extended, supporting body weight:	Yes	Not yet	Adapt	
Maintains balance with both hands resting on support surface (SS)			Lower height	
Feet positioned about hip width apart and facing forwards.			of support surface	
Knees straight, but not locked (hyperextended)			surface	
Atypical			Block	
Feet wide apart and turned outwards			abduction – sandbags	
Knees locked in hyperextension				
			Practice standing up from step step.	



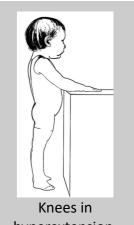
Stands with hand support. Knees straight, not locked.



Feet a little more than hip width apart and facing forwards.

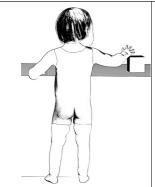


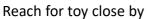
turned out.

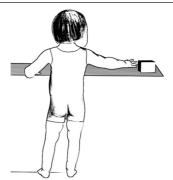


hyperextension.

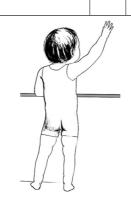
Child maintains balance and:		Yes	Not yet	Adapt
Lifts one hand up off the support surface to reach for a close-by toy. Right hand Left hand				Move toy closer.
Reaches for a toy that is just ou	s for a toy that is just out of easy reach. Right hand Left hand			Try different toy – increase motivation.
Maintains balance and reaches Right hand Left hand	up high. Shoulder height Head height Shoulder height Head height			
Turns to look and reach backwa To right To left	ards.			



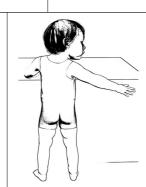




Reach for a toy that is further than arms-length.



Reaches high up.

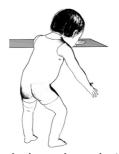


Looks and reaches backwards.

Maintains balance and reaches down:	Yes	Not yet	Adaptations
To pick up a toy presented at knee height – keeps knees straight and bends from the waist.			
Right hand Left hand			
To pick up a toy presented at knee height by bending both knees. Right hand Left hand			
To pick up a toy from the floor.			
Right hand Left hand			



Reach down knees straight.



Reach down knee height – bend knees.



Reach down, bends knees – touches floor

Pull to stand

			Yes	Not yet	Adapt
Kneels upright facing	support				Lower support
Supports on hands an bilaterally.	nd pushes self up by ext	ending knees			
Moves through half k	neeling to standing				
					(han)



Sits on step- stands up.



Kneels facing raised surface



Pushes up on feet – extends knees



Transitions through half kneel

Stepping sideways and forwards

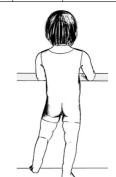
	Yes	Not yet	Adapt
Stands with feet slightly wider than hip width apart, with hips and knees extended – but not locked.			Practice standing and reaching to the side to initiate weight shift. Practice reaching backwards. Practice standing with feet pelvis width apart
Prepares to take a step – shifts weight onto one LE.			
Takes a step sideways to reach a toy that is out of reach.			
Takes a series of steps, moving body sideways (cruising).			
Reaching back initiates weight transference and a step sideways.			
Atypical			
Stands with feet very wide apart – difficult to shift weight onto one LE in readiness for stepping			



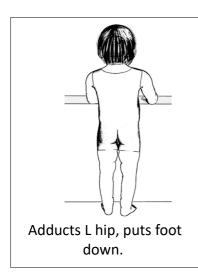
Shifts weight onto one left LE, lifts right foot, abducts

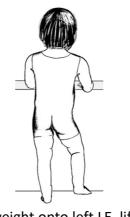


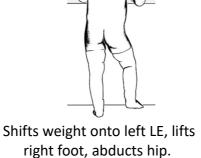
Put right foot down



Shifts weight onto right LE, lifts left foot.





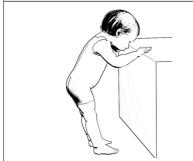




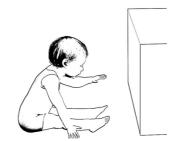
Puts right foot down.

Sitting down from standing

	Yes	Not yet	Adapt
Sits down by bending hips with straight knees and falls backwards			Practice reaching down to encourage knee bending. Practice sitting down onto step.
Sits down by bending hips and knees and falling backwards			
Sits down onto step.			
Sits down by squatting with controlled lowering of buttocks to the floor			



Sits down with straight knees



Flexes hip and tilts trunk forwards when landing



Bends knees halfway and then fall back onto buttocks



Sits down onto step



Squats to sit down